



# Boundless Way Zen Wilderness Retreat Application

## Participation

We will begin at the Boundless Way Zen Temple in Worcester on Friday evening and from there will set out to the mountains of western Massachusetts. The weekend will be comprised of outdoor zazen, walking meditation, practicing camping skills, and encountering wilderness together. Previous backpacking experience is suggested. The trip will not be overly physically demanding, but participants should be in good physical shape and be self-sufficient. The retreat begins at 7:30 pm on Friday evening, October 21, and ends in the afternoon on Sunday, October 23.

Name (printed) \_\_\_\_\_ Date: \_\_\_\_\_

Gender:  Female  Male Age: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: Day: \_\_\_\_\_ Evening: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: Day: \_\_\_\_\_ Evening: \_\_\_\_\_ Cell: \_\_\_\_\_

## Sitting Group Affiliation

Henry David Thoreau  Worcester Zen Community  Ralph Waldo Emerson

Spring Hill  Greenfield  Dawn Redwood  Benevolent Street

Wellspring  Other/non-BOWZ \_\_\_\_\_

**Please describe your previous experience with Zen or other meditation practice**

**Please describe your previous experience with backpacking and wilderness**

## **Equipment**

In general, we will travel as a group, but we will practice self-sufficiency as part of our practice of being in wilderness. Therefore, each person should supply and pack everything (camping, cooking, etc.) that they themselves will need. A list of suggested equipment and supplies will be sent to participants prior to the retreat.

## **Applying and/or practicing with a partner**

Participants have the option of applying solo or with a partner. If you would like to attend the retreat with a partner please indicate that person's name here:

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Please note that both people should submit complete application forms and waivers. Partners may wish to share equipment, food, and other supplies.

If you are not applying with a partner, please indicate your preference here:

- I am applying solo and I prefer not being paired up with a partner.
- I am applying solo and I do not have a preference of being or not being paired up with a partner.
- I am applying solo and I prefer to be paired up with a partner if one is available.

Depending on the composition and wishes of the group, we will put retreat participants in contact to facilitate pairing up, for those who wish to do so.

## **Health Concerns**

Please describe any health concerns or physical limitations of which we should be aware.

Please list any medications that we should know about.

## **Other**

Please let us know of anything else that you would like us to know that may be helpful to the retreat leaders or other retreat participants.

**Transportation**

***to the Temple:***

If you wish to carpool to the Temple for the beginning of retreat please indicate where you will be leaving from and returning to.

I would be able to offer someone a ride from a location near my own departure location to the Temple

I would not be able to offer someone a ride from a location near my own departure location to the Temple

Departure Location: \_\_\_\_\_ Return Location: \_\_\_\_\_

***to the trailhead:***

We will be carpooling from the Boundless Way Temple to the trailhead. Please check one of the following:

My car will be available for carpooling to the trailhead and back if needed

My car will not be available to the trailhead and back for carpooling

**Financial (NOTE: You are not fully registered for the retreat until the Registrar receives your application, waiver of liability AND your payment).**

**Please mail this completed application form, liability waiver, and check for \$125 (made out to Boundless Way Zen) to:**

**Boundless Way Zen  
Attn: Wilderness  
1030 Pleasant Street  
Worcester, MA 01602**

The fee schedule and cancellation policy are as follows:

- If you cancel prior to 4 weeks from the retreat start date, 100 % of your fee will be refunded.
- If you cancel between 4 weeks and 1 week (7 calendar days) prior to the sesshin start date, 50% of your fee will be refunded.
- If you cancel less than 7 calendar days prior to the sesshin start date, 0% (none) of your fee will be refunded.
- We realize that there are extenuating circumstances that might prevent you from attending. We provide 100% refund of your fee only for a death in the family, your illness, or the illness of a close family member that you must care for. If you or someone you must care for becomes ill and you cannot attend, please notify the registrar as soon as possible by emailing wilderness.boundlesswayzen@gmail.com.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**With questions, inquiries, or concerns please email:  
[wilderness.boundlesswayzen@gmail.com](mailto:wilderness.boundlesswayzen@gmail.com)**